

JULY 2018

MAIN STREET MESSENGER

Main Street Terrace Care Center * 1318 East Main Street, Lancaster, Ohio 43130 *
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Celebrating July

Parks and Recreation Month

Women's Motorcycle Month

Ice Cream Month

Canada Day

July 1

Independence Day (U.S.)

July 4

Strawberry Sundae Day

July 7

Ventriloquism Week

July 18-21

Tell an Old Joke Day

July 24

**International Day
of Friendship**

July 30



Happy
4th of
July





No Bake Berry Lasagna

Ingredients

For Whipped Cream:

- 1 2/3 cup heavy cream-chilled
- 1/3 cup powdered sugar
- 1 teaspoon vanilla

For Red Velvet Crust:

- 3 cups graham cracker crumbs
- 1/4 cup strawberry jam
- 1/2 cup+ 2 tablespoons unsalted butter-melted
- Red gel food coloring

For Cheesecake Layer:

- 8 oz. cream cheese-softened
- 1/2 cup unsalted butter-softened
- 1 cup powdered sugar
- 1 teaspoon vanilla
- 1 cup of whipped cream
- 2/3 cup diced fresh strawberries

For Blueberry Jell-O Salad Layer:

- 2 (3 oz.pckg) berry blue Jell-O (or other flavor to your taste)
- 1 1/4 cup boiling water
- 2 cups blueberry pie filling
- 1 cup of canned crushed pineapple-drained from juice (if use pineapple chunks, pulse it in a food processor to get fine crushed pieces)

For Topping:

- 2 1/2 cups whipped cream
- Fresh strawberries halved
- Fresh blueberries
- 1/4 cup chocolate chips

Instructions

To make the crust combine graham cracker crumbs, strawberry jam, melted butter and red food coloring (drop the color directly in melted butter or jam, it will dissolve better). Mix until evenly moistened. Press the mixture in the bottom of 13 x 9 x 2 inch dish. Place the crust in the freezer to firm.

To make the whipped cream in a bowl beat chilled heavy cream until soft peaks form. Add powdered sugar and vanilla and continue mixing until really STIFF peaks form. Measure out 1 cup of beaten whipped cream for cheesecake layer. Cover remaining whipped cream and reserve for topping.

To make cheesecake layer cream together softened cream cheese, powdered sugar, vanilla and softened butter. Mix in 1 cup of whipped cream(do not use soft whipped cream, cheesecake filling have to be thick or it won't hold dense blueberry Jell-O salad layer on top)

Gently fold in diced strawberries and spread over the crust. Place in the fridge to set.

To make the blueberry Jell-O salad layer in a large bowl place 6 oz. berry blue Jell-O gelatin mixture. Pour 1 1/4 cup boiling water and stir for a few minutes until the gelatin dissolved completely. Set aside to cool for 15-20 minutes, then stir in crushed pineapple and blueberry pie filling. Wait until it's cooled to room temperature and soft set, or place in the fridge to speed the process but stir from time to time.

Spread blueberry Jell-O layer over chilled cheesecake layer. Do not pour warm blueberry Jell-O over cheesecake layer, it will melt it.

Place in the fridge to chill until Jell-O layer is set completely.

Top with remaining whipped cream. Before serving arrange fresh berries on top. Melt white chocolate chips, transfer melted chocolate to a ziplock bag, cut off the corner and drizzle over the top of lasagna.

Store in the fridge.

Ohio Nursing Home Residents Bill of Rights

The Ohio Residents' Right
for this month is:

Retain and use personal clothing in a
reasonable amount of
possession in a secure manner.
Residents' Rights, please visit the Ohio
Department of Health website
www.odh.ohio.gov



Fishing At Angler's



Scioto Downs



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Terrace
CARE CENTER

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The World in Watercolor



July is World Watercolor Month in appreciation of this wonderful art form. In watercolor painting, colored pigments are suspended in water. Watercolor painting may be the first type of painting ever done by humans

on cave walls. Watercolor was also used in East Asia, the Middle East, ancient Egypt, Italy, and Ethiopia. Watercolor techniques were initially used for mere sketches or copies. Oil was considered a superior medium. However, as the technique was perfected by masters of the Renaissance and beyond, watercolor became a renowned and complicated medium. While it appears to be an easy method of painting, it takes years to become accomplished. Luckily, the low cost of watercolors allows most anyone the chance to paint with this enduring art form.

July Birthdays

In astrology, those born between July 1–21 are Crabs of Cancer. Guided by their hearts, Crabs are deeply emotional and nurturing. They create deep bonds and comfortable homes and are always willing to welcome people into their circle. Those born between July 22–31 are Lions of Leo. Leos are natural-born leaders: confident, charismatic, creative, and warmhearted. Leos also use their humor and loyalty to bring people together to work for a common cause.

RESIDENTS

KATHY C. 5TH

ROSE P. 14TH

DON T. 15TH

CHRIS M. 22ND

PAT P. 25TH

MARGARET HU. 27TH